CareLink™ Mobile Nurse Station

Thank you for your purchase of a Capsa Healthcare cart. At Capsa we are passionate about helping you improve patient care, and have compiled this quick user guide to explain some of the basic operating features of our carts. We have also included a few tips on best practices to help with safe operation.

1. Lighting controls:
   - Turn lights on individually or all at once with one touch.
2. Battery Display:
   - Continuous gauge, color changes to yellow then red when battery gets low.
3. Log in to gain access to saved settings or unlock drawers.
4. Height adjustment (some models):
   - Press and hold up or down arrow to adjust height.
5. Settings:
   - Adjust touchscreen brightness.
6. Notifications:
   - A red number in a circle will appear if there is a notification waiting to be read.
7. Calculator
8. Help
9. Home

A. Adjustable Monitor Mount
   - Adjusts up or down and pivots left or right.

B. N-Stride™ Steering Control (some models)
   - Provides steering control around corners and through hallways.
   - Activated and deactivated by clicking the trigger under the left front handle.

C. Slide-Out Expanding Work Surface (some models)

D. Adjustable Keyboard Tray
   - To adjust up or down, first grasp the wrist rest and tilt up to release.
   - Twist the knob behind keyboard tray for negative tilt adjustment.
   - Slide the mouse tray out to the left or right.

E. Manual Height Adjustment (some models)
   - Lift blue lever to adjust the height, release the lever to lock height in place.

Moving the Cart
- Carts should be pushed not pulled. This will eliminate stress on the users’ backs.
- When pushing the cart, be sure the handles are at ideal height. Our carts are equipped with two contoured, ergonomically correct front handles and a rear handle.
- The front handle height can be adjusted through the use of the height adjustment buttons. The height of the rear handle can be manually adjusted to anywhere on the rear t-track on the cart. The ideal height of the handles when pushing the cart is at lower chest level.

Using the Cart
- When inputting information into the system, the height of the monitor should be adjusted so that the top of the monitor is at eye level. This will reduce stress on neck and eyes.
- The monitor height can be adjusted by using the height adjustment on the cart OR if the cart is equipped with a height adjustable monitor bracket, manually raising or lowering the monitor.
- The angle of the keyboard tray should be adjusted so that the wrist rest properly supports the user’s wrists when using the keyboard. Typically negative tilt is required to achieve this.

Safety notes:
- Always unplug cart from the wall before moving.

Best practices:
- Plug cart in when not in use or when battery display is yellow or red.
  - Hang cord on rear handle for storage.
- Easily clean cart surfaces regularly with disinfecting wipes.

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